

Confidential & Convenient Designated Work/Life Specialist

Professional Provider Profile

Onsite Work/Life Specialist:

Chris Senter

DEGREE: MA, Counseling Psychology

LICENSE: Licensed Marriage and Family
Therapist, Lic #113118

EMAIL: csenter@nvidia.com

PHONE: 408.609.2963

To request an appointment, please email Chris at csenter@nvidia.com or call 408.609.2963

All sessions will be conducted virtually.

Onsite Counseling is strictly confidential (with the exception of imminent safety concerns).

Chris Senter

Chris Senter, MA, is a Licensed Marriage and Family Therapist who holds a master's in counseling psychology from John F. Kennedy University. She is certified in Expressive Arts, Trauma, Non-Violent Communication, and Grief, as well as Emotional Focused Therapy (EFT), Eye Movement Desensitization and Reprocessing (EMDR), and Couples Therapy.

For the past seven years she has worked with individuals, couples, students, families, siblings and young adults in college to overcome trauma, depression and anxiety, providing compassion, healing and confidentiality. She seeks to help clients find their passion in life, remove blocks that are keeping them from achieving goals and self-fulfillment, and learn to live the life they have always dreamed.

She is encouraged to help clients recover relationships with self, family, employers, educators, and partnerships.



If you have any questions,
please email csenter@nvidia.com

Here when you need us.

Call: 844.729.5172 TTY: 800.697.0353

Online: guidanceresources.com

App: GuidanceNowSM Web ID: NVIDIA

